HCCC Happenings
A publication of the Communications Department

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From the Editor’s Desk

Items for the November newsletter are due by October 14, 2016.
(Please note: A resolution of 300 dpi is required for all photos.)
Please send your news items, comments and suggestions to:

Jennifer Christopher, Director
Communications Department
26 Journal Square, 14th Floor
Jersey City, NJ 07306
Phone: 201.360.4061
Fax: 201.653.0607
jchristopher@hccc.edu

HCCC Happenings is on the College’s web site at http://www.hccc.edu

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Hudson County Community College and Fairleigh Dickinson University Sign Agreement for ‘HCCC-FDU Scholar Program’

On Monday, Sept. 19, Hudson County Community College (HCCC) and Fairleigh Dickinson University (FDU) signed an Agreement of Understanding for a dual admission program that allows HCCC students to complete upper division courses required for FDU undergraduate and selected combined bachelor’s/master’s programs once they have completed their associate’s degrees at HCCC at 40% savings on the FDU tuition rate.

Seated from left: Pamela Littles, HCCC Associate Dean of School and College Relations; Glen Gabert, Ph.D., HCCC President; Christopher Capuano, Ph.D., FDU President; Peter J. Woolley, Ph.D., FDU Senior Vice Provost for Government and Community Affairs. Standing from left: Eric Friedman, Ph.D., HCCC Senior Vice President for Academic Affairs, and Anthony Mastroietro, FDU Community Partnership Director.

Political Strategist and Analyst Ana Navarro Is First Speaker in the Hudson County Community College 2016-17 Lecture Series

Noted Republican political strategist and commentator Ana Navarro, who is also a political analyst for CNN and CNN en Español, was the first speaker in this season’s Lecture Series at Hudson County Community College (HCCC) on Thursday, September 29.

Ms. Navarro is well known to those following the country’s elections and politics; in addition to providing analysis on CNN, she is also a special political contributor on ABC’s The View and This Week with George Stephanopoulos, and frequently appears on shows such as Meet the Press, Bill Maher’s Real Time, and Anderson Cooper 360.

Ana Navarro (center), pictured with Lisbety Ferrer (left), Administrative Assistant, Advisement & Counseling, and Alexa Riano, Executive Assistant to the Senior Vice President for the North Hudson Campus/Student and Educational Support Services.
PHI THETA KAPPA HONOR SOCIETY NEWS

Involvement Fairs
On Thursday, Sept. 8, Hugo Iglesias, Hamza Saleem, and Prof. Ted Lai distributed information about Phi Theta Kappa and encouraged students to pledge to complete their degrees at the Involvement Fair in Jersey City.

On Wednesday, Sept. 14, Betsy Apena and Sophietou Ndaye provided information about Phi Theta Kappa and promoted college completion at the Involvement Fair at the North Hudson Campus.

Fall Induction, November 6
Beta Alpha Phi Chapter’s Fall Induction will be held on Sunday, Nov. 6 at 2 p.m. at the Culinary Conference Center, 161 Newkirk Street. There will be a reception after the ceremony.

America Needs You
America Needs You (ANY) is an American non-profit organization with headquarters in New York City. ANY pairs low-income college students, who are first in their families to attend college, with mentors. ANY provides professional development mentoring and job placement services to its clients.

The application for the 2017 Fellows Program is now open. Are you an ambitious first-generation college student? Apply today: https://www.americaneedsyou.org/fellow-application/

New Jersey Community College Completion Corps
President Barack Obama and higher education leaders have pledged to boost college completion rates by 50 percent over the next 10 years. Phi Theta Kappa is heading the Community College Completion Corps, the student-led initiative to raise awareness of the importance of college completion not only for students but for colleges and the communities they serve. Details and supplies are available at http://www.cccompletioncorps.org/

New Jersey C4 Week will be held Oct, 17-21. Beta Alpha Phi Chapter will have activities to encourage students to complete their degrees.

CONVOCATION 2016 - “PATHWAYS TO STUDENT SUCCESS”

On Wednesday, Sept. 21, Hudson County Community College held its annual Convocation at the Culinary Conference Center, with the theme of “Pathways to Student Success.”

Gerardo E. de los Santos, Ph.D., Senior Fellow for Civitas Learning, delivered the keynote presentation, titled “Charting New Pathways to Student Success.”

Following the keynote was a panel discussion, “Routes to Successful Pathways and Other Innovations,” featuring:

- Christine Harrington, Ph.D., Executive Director, New Jersey Center for Student Success
- Michael Armijo, Senior Research Associate, Community College Research Center, Columbia University
- Sabrina Magliulo, Director of Advisement and Counseling, Hudson County Community College
- Catherine Yuhas, Teacher of Environmental Science and Science Facilitator, High Tech High School, North Bergen

Details and supplies are available at http://www.cccompletioncorps.org/
JOBS

Applicants are now being sought for the following positions:

- Accountant
- Adjunct Jobs
- Admissions Recruiter (Internal Applicants Only)
- Assistant Vice President for Development
- College Lecturer, Academic Foundations - English
- College Lecturer, STEM
- Community Education Instructors PT (multiple positions)
- Counselor (two positions)
- Customer Service Assistant (Part-Time, 2 Positions)
- Director of Admissions
- Director of Educational Opportunity Fund
- Director of Student Accounts - Bursar
- Enrollment Support Assistant (Internal Applicants Only)
- Executive Director (Center for Online Learning)
- HVAC Lead Mechanic
- Instructor, Cooperating Basic Math For Transitional Program (Part-Time)
- Instructor of Computer Science
- Instructor of Physics and Mathematics
- Job Developer (US DOL TAACCCT Grant Funded Position)
- Lead Electrician
- PC Technicians (2 positions)

To apply, please submit a letter of application, resume, salary requirements, & three references to:

Hudson County Community College
Human Resources Department
81 Sip Avenue, Mezzanine Level
Jersey City, NJ 07306
resumes@hccc.edu

For a detailed description of these positions, please visit the "Jobs @ HCCC" page at www.hccc.edu.

MILESTONES

Congratulations to the following on her anniversaries with Hudson County Community College!

One Year
Nicole Lesko

Retirement
Judith Bender (effective Jan. 1, 2017)

New Hire
Lisa Dougherty, Dean of Enrollment

EMPLOYEE ASSISTANCE PROGRAM

2016 WEBINARS

Wednesday, October 12, 2016
10 a.m. to 3 p.m.
Culinary Conference Center – Room 214

- Horizon (BCBS)
- National Vision Administrators (NVA) - Room 214
- Delta Dental - Room 214
- Harborside Sport and Spine - (chair massages and a demonstration on some office exercises and stretches) - Room 215 and 216
- Liberty Savings Federal Credit Union - Room 214
- Liberty Mutual Insurance - Cut your premiums at home and on the road. If you are interested in an auto or home insurance quote, please bring copies of your current declaration pages. Room 214
- Benefit Analysis - Flexible Spending Accounts (FSA) – these accounts allow you to set aside pre-tax dollars for qualified expenses (Medical, Dependent Care, and Commuter) thereby saving you tax-dollars. Room 214

Thursday, October 13, 2016
10 a.m. to 3 p.m.
Culinary Conference Center – Room 214

- MetLife
- AXA
- Prudential
- Valic
- Voya (ING)
- TIAA CREF
- Mass Mutual (Hartford)

For further information about the fair or the providers, please contact: Iris Herrador at (201) 360-4072 or iherrador@hccc.edu.

OPEN ENROLLMENT BENEFITS FAIR 2017

Wednesday, October 12, 2016
10 a.m. to 3 p.m.
Culinary Conference Center – Room 214

- Horizon (BCBS)
- National Vision Administrators (NVA) - Room 214
- Delta Dental - Room 214
- Harborside Sport and Spine - (chair massages and a demonstration on some office exercises and stretches) - Room 215 and 216
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For further information about the fair or the providers, please contact: Iris Herrador at (201) 360-4072 or iherrador@hccc.edu.

EMPLOYEE ASSISTANCE PROGRAM

2016 WEBINARS

The College’s Employee Assistance Program, E4Health, has scheduled a series of webinars designed to assist employees and their families in various topics. Each webinar will take place on third Tuesday of every month, from 12 p.m. to 1 p.m. and repeating from 3 p.m. to 4 p.m. To pre-register, please visit http://www.e4healthinc.com and enter username hccc and password guest. Upcoming webinars are as follows:

- Oct. 18: Protecting Our Precious Lives: Cancer Awareness
- Nov. 15: Managing Holiday Madness
- Dec. 20: What to Look Out for as Our Loved Ones Age

For other EAP services, please call (800) 227-2195.

At Hudson County Community College, we are proud to offer our employees a comprehensive benefits portfolio. It is our goal to offer everyone access to the best benefits possible to meet your needs. It is also important for you and your family to understand your benefit options so you can best utilize and take advantage of them. This is also an opportunity for you to explore your current healthcare coverage and make any necessary changes.

Representatives will be available to discuss products and services such as medical insurance, retirement plans, investment programs, and more. Breakfast will be served.

One Year
Nicole Lesko

NEW HIRES/PROMOTIONS

Retirement
Judith Bender (effective Jan. 1, 2017)

New Hire
Lisa Dougherty, Dean of Enrollment

To apply, please submit a letter of application, resume, salary requirements, & three references to:

Hudson County Community College
Human Resources Department
81 Sip Avenue, Mezzanine Level
Jersey City, NJ 07306
resumes@hccc.edu

Applicants for instructor and adjunct positions must submit transcripts.

For more information, please visit the New Jersey Higher Education Recruitment Consortium website at www.njherc.org, the HigherEdJobs.com website at www.higheredjobs.com, www.latinoshighered.com or contact the Human Resources Department at (201) 360-4070. For a detailed description of these positions, please visit the “Jobs @ HCCC” page at www.hccc.edu.
FAISAL Y. ALJAMAL, INSTRUCTOR, COMPUTER SCIENCE

Faisal earned an M.S. in Computer Science from Montclair State University and his B.S. in Computer Science from New Jersey City University. He holds certifications as a Microsoft Certified Systems Engineer (MCSE); ITIL Software Asset Management Practitioner; and ITIL Processes Foundation and Practitioner Certified. Teaching Experience:

Prior to his current position, Faisal was an adjunct instructor at Hudson County Community College since 1996. He previously taught at the College of Saint Elizabeth and currently adjuncts at Bergen Community College. On the industry side, he held multiple positions and responsibilities at Unilever.

In his new role at the College, Faisal will teach all levels of Computer Science classes; partnering with the Computer Science program coordinator to enhance and improve current course and programs; engage students as partners in developing their learning experience; prepare students to be life-long learners; and train and encourage students to be able to work both independently and collaboratively.

ISALIA CRESPO, ASSOCIATE DIRECTOR, ADVISEMENT & COUNSELING

Isalia earned a Bachelor of Arts in Psychology and a Master of Social Work from Rutgers University. Isalia is a Licensed Clinical Social Worker whose previous experience has included providing culturally competent, therapeutic services at Family Connections, a community mental health organization. In addition to her role as a therapist, she also provided case management services and was involved in program planning and implementation as the sole clinician for the agency’s bilingual program.

As Associate Director of Advisement and Counseling, she will be addressing student matters as it relates to short-term personal counseling, crisis response, and wellness services to decrease risk factors and improve quality of life. She will also provide students with referrals to external community organizations if further services are indicated.

JENNIFER NAVAS, DIRECTOR, NON-CREDIT PROGRAMS

For the last year, Jennifer has led the Department of Community Education as Interim Director, and she has now officially joined the team. She has overseen the rapid growth of the department, which has achieved a 50% increase in enrollments over the previous year. During her tenure, she has expanded CE offerings beyond HCCC’s two campuses, holding classes in downtown Jersey City, Secaucus, and in Union City. CE is set to also hold classes in Hoboken, Bayonne, and Harrison in the coming year.

Jennifer is dedicated to rebuilding CE through community outreach, a focus on customer service, conservative fiscal management, and a focus on emerging Hudson County markets.

Jennifer obtained her master’s degree in theatre education from University of London, Goldsmiths College and her bachelor’s from Richmond, the American International University in London. Prior to joining HCCC, Jennifer spent her almost 10-year career primarily in international student recruitment. Working for colleges in the U.S., U.K., and Antigua, she has helped students around the world achieve their educational goals, and she is passionate about continuing this mission with the students of Community Education.

OPEN ENROLLMENT ENDS ON OCT. 31

The Open Enrollment period has begun, from October 3, 2016 through October 31, 2016. There are no changes to the current medical plans; the only change will be the cost of premiums to be effective January 1, 2017. The State has not posted the new rates for the 2017 Plan Year, once they do, they will be posted on the HR Portal page.

This is your annual opportunity to review your current health plan for the 2017 plan year. All changes made during this Open Enrollment period will be effective January 1, 2017.

Proper documentation will be required for all changes—During the Open Enrollment Period you may:

• Enroll in the SEHBP plan if you have not previously done so
• Change to a different SEHBP medical plan
• Add/delete eligible dependents - including children up to 26
• Waive coverage- (stipend is offered, please contact Iris for further information and stipend amounts)

Please note: MULTIPLE COVERAGE UNDER THE SHBP/SEHBP IS PROHIBITED; waiver incentives are only payable if the other coverage is through a non-SHBP/SEHBP plan.

For further information, please visit the HR Benefits Portal page and the Division of Pension and Benefits website at http://www.state.nj.us/treasury/pensions/ (We are Local Education employees)

If you have any questions or concerns, please feel free to reach out to Iris Herrador in the Human Resources Department at 201-360-4072 or e-mail iherrador@hccc.edu

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HUDSON COUNTY COMMUNITY COLLEGE SEEKS VENDORS FOR HOLIDAY MARKETPLACE

Hudson County Community College (HCCC) is soliciting participation from area small businesses and young entrepreneurs for a Holiday Marketplace scheduled for Saturday, December 10. The event will be held from noon to 4 p.m. in the HCCC Culinary Conference Center at 161 Newkirk Street in Jersey City – just two blocks from the Journal Square PATH Transportation Center. Admission for the general public will be free.

The College’s Division of Non-Traditional Programs has allocated spaces for 55 local businesses, which will take place on two floors of the Culinary Conference Center; a special section will be designated for Young Entrepreneurs, ages 9 to 15. Attendees will be treated to complimentary hot apple cider or cocoa and live music. There will be a Cultural Corner with information about holidays and customs celebrated by the diverse population of Hudson County.

The College will publicize the event via press releases, newspaper and online ads, email blasts, local blogs, and social media.

The vendor with the best holiday-themed table will win a table for 10 at the College’s popular Culinary Cafe.

The cost for participating, which includes a 6-foot table, two chairs and a free parking pass, is $75 for vendors, $10 for young entrepreneurs and $60 for businesses who are members of the following organizations: Hudson County Chamber of Commerce, Hoboken Chamber of Commerce, Statewide Hispanic Chamber of Commerce of NJ, African American Chamber of Commerce of NJ, Meadowlands Chamber of Commerce and Hudson County Office of Minority & Women’s Business Enterprises. Spaces may be reserved at http://tinyurl.com/gww9osu. Additional information and arrangements for payment may be made by emailing cfarrell@hccc.edu or phoning (201) 360-4262.
The Hudson County Community College Foundation Art Collection, which includes artworks in media from painting and sculpture, photographs, American craft pottery, and ephemera, reveals aspects of America’s and New Jersey’s rich artistic and cultural history from the Hudson River School period to today. In recent years, the College’s acquisition efforts have focused on strengthening its American and New Jersey modern, and contemporary collections.

Each month, this page in HCCC Happenings provides updates on artists whose work is in the collection, and new additions to the collection.

### Artist News

Octogenarian artist Joan Semmel has a show, Joan Semmel: New Work, at Alexander Gray Associates in New York through Oct. 15. The exhibit includes 16 paintings and works on paper she made using herself as model. Semmel’s work has dealt with the body and female identity for over 50 years. In an Art Newspaper review, Semmel says that she wanted to undercut the “idealization of women and take possession of the objectivity that comes from being the subject.” Semmel also said that in our youth-obsessed world, aging is not addressed; it is “rather difficult to see, and maybe not classically beautiful, but something that one can live through and try to understand.” The Foundation Art Collection’s work by Joan Semmel is slated for installation in the new STEM Building next year.

In a recent interview Semmel said, “There’s always been so much shame attached to the body. And the religions, look what they’ve done, how much they’ve enforced that kind of shame, the whole idea of shame. And it affects men, too. It’s not just women. I’ve talked at times about working against the shame of the body, the shame of getting old, all of these shames that are laid on our heads. You should be ashamed that you’re old, instead of being proud to have lived?”


How would you like to look at the world’s greatest art collection with a great contemporary American artist telling you why she or he appreciates a specific work? Sotheby’s auction house has teamed up with the Metropolitan Museum of Art to make the online Artist Project.

On this website http://museumnetwork.sothebys.com/, there are 108 short videos with artists talking about works in the Metropolitan Museum of Art’s collection. Among the contemporary artists who speak are many whose works are in the HCCC Foundation Art Collection, including Willie Cole, who talks about Ci Wara Sculpture; Teresita Fernandez, who talks about pre-Colombian gold; Kerry James Marshall, who talks about Ingres; David Salle, who talks about Mardesden Hatley; James Siena, who talks about the Buddha of Medicine Bhaishajyaguru; Joan Snyder, who talks about Flornice Stettheimer; and William Wegman speaking about Walker Evans’s postcard collection. If you would like to find these artists works in the Foundation Art Collection on our campus, use the campus collection art finding guide on our website: http://www.hccc.edu/foundationartcollection/

If you like Valeri Larko’s painting Relic in the Journal Square Library, please take the elevator (or the stairs) up to the sixth floor Benjamin J. Dineen, III & Dennis C. Hull Gallery, where several of her wonderful paintings are on display in a show called “Housing Works” through November 19.

### HUDSON COUNTY GOVERNMENT SCHOLARSHIP RECIPIENTS RECOGNIZED AT LUNCHEON

On Thursday, Sept. 22, Hudson County Community College hosted a recognition luncheon for the recipients of the Hudson County Government Scholarship (HCGS) in the Culinary Conference Center. The Hudson County Government Scholarship, generously supported by the Board of Chosen Freeholders and the County Executive, covers the cost of tuition and fees for students who have the ability and determination to pursue a degree successfully, but do not have the economic means to do so.

Pictured with the Hudson County Government Scholarship recipients are Eric Friedman, Ph.D. (background, left), Senior Vice President for Academic Affairs; Glen Gabert, Ph.D. (background, third from left), President of HCCC; Joseph Sansone (background, center), Vice President for Development; and Paula P. Pando, Ed.D. (background, right), Senior Vice President for the North Hudson Campus/Student and Educational Support Services.
The stars will be out this fall at Hudson County Community College with a new series of classes and concerts, all coordinated by one of the Great White Way’s brightest stars, Catherine Walker.

All of the events are part of the College’s Fall 2016 Cultural Affairs Series, feature some of Broadway’s finest performers, and are open to the public, free of charge. The classes and performances are being held in the Atrium of the Benjamin J. Dineen, III & Dennis C. Hull Gallery on the sixth floor of the College’s Library Building at 71 Sip Avenue in Jersey City, just one block from the Journal Square PATH Transit Station.

The HCCC Broadway Classroom Series is open to individuals age 15 and older. Sessions are scheduled for first Fridays in October through December, from 1:00 p.m. to 2:00 p.m.

- Learn Choreography with award-winning actor and artist Eddie Pendergraf from the stage of Wicked, on Oct. 7. A resident actor for nine years on Broadway in Wicked, Mr. Pendergraf earned his BFA at Webster University and went on to study at Parsons New School for Design. He toured with the national company of The Sound of Music and several regional musical companies, and has appeared in many New York City stage, TV, and film productions.

- Broadway Music and Lyrics Workshop on Nov. 4 with Benjamin Rauhala, producer and music director of the recent “Broadway Loves Britney” presentation at Feinstein’s/s/54. He was part of the music team for the revival of Fiddler on the Roof and the production of American Psycho, and serves as music supervisor for the Off-Broadway revival of The Marvelous Wonderettes. Mr. Rauhala served as music director for Hit List, the meta-musical from NBC-TV’s SMASH.

- Stage Combat Workshop on Dec. 2 with Jeff Barry, a fight director whose work includes theater, film and television. Mr. Barry’s Broadway work includes Superior Donuts, Fish in the Dark, and A Gentleman’s Guide to Love and Murder. He has also worked Off-Broadway and in regional theater, most recently with the Broadway-bound Anastasia. His film and television credits include Guiding Light, How We Got Away with It, Fireworks, Everybody Knows This Is Nowhere, and the upcoming Occupancy, Texas.

The HCCC Broadway Concert Series is open to individuals 8 years of age and older. The performances will be held the second Tuesday in October, November, and December from 1:00 p.m. to 2:00 p.m. In addition to the performances, there will also be opportunities for Q&A and autographs!

The tribute to the lives lost on that day was portrayed in spoken word performances as well as a photography exhibit in the College’s Benjamin J. Dineen, III and Dennis C. Hull Gallery, which offers unobstructed views of lower Manhattan and the new World Trade Freedom Tower.

**HCCC CELEBRATES HISPANIC HERITAGE MONTH**

Trio de Colores performs at Journal Square on Sept. 22.

Hudson County Community College continued its observance of Hispanic Heritage Month (Sept. 15 – Oct. 15) with special events at the Journal Square (Sept. 22) and North Hudson (Sept. 19) Campuses.

Attendees were treated to delicacies of Puerto Rico courtesy of Me Casa, and enjoyed the musical stylings of Trio de Colores.
Division-wide Events

On September 30, in partnership with HCCC’s Culinary Arts Institute, Horizon NJ Health and the Division of Non-Traditional Programs hosted the “Horizon Healthy Cooking Challenge” at the Culinary Conference Center. The purpose of the challenge was to teach attendees how to eat healthy on a budget, prepare meals in under 60 minutes, and make healthy meals out of common items in their kitchen. Selected attendees who participated in the cooking challenge created a healthy dish using four core ingredients: chicken, spinach, tomato, and sweet potato. Participants were judged on taste, healthy components, presentation, and time management. Chef Sami Khouzam, with the help of HCCC culinary students, presented a cooking demonstration and healthy cooking tips to participants. The judges were Chef Anthony Clode, Chef Shawn Chitty, and Sharon Moise of the Culinary Department. Challenge participants included members of “Save Latin America” in Union City, “Metropolitan Family Health Network,” “FOHC” in Jersey City and “North Hudson CAP,” “FQHC” in West New York and Jersey City. The team with the winning dish received gift baskets with healthy cooking ingredients and tools, which were presented by NTP Dean Ana Chapman-McCausland.

On September 23, WomenRising, Inc., HCCC’s Division of Non-Traditional Programs and the Allstate Foundation partnered to host a Financial Literacy Expo at the Culinary Conference Center. The purpose of the event was to provide information and resources to financially empower women so that they may achieve self-sufficiency and live safe, fulfilling & productive lives. Approximately 30 resource providers were in attendance and workshops, available in both English and Spanish, included “Building Your Credit,” “Financial Abuse,” “Worker’s Rights to Paid Leave,” “Money Talk for Parents,” “Crime Victim Rights & Compensation,” and “Financial Fraud, Identity Theft, and Consumer’s Rights When Dealing with Debt Collectors.”

NTP hosted a Lunch & Learn in honor of Hispanic Heritage Month on September 22nd at the Culinary Conference Center. The theme of the afternoon was “Marketing to Latinos.” Participants enjoyed lunch while watching a screening of “The New Mad Men” from the renowned PBS documentary series, “America by the Numbers” with Maria Hinojosa, and participated in a discussion on how America’s changing demographics affect business. Attendees included business partners from Intersect Fund, Provident, Carefinder, BC Bank, Liberty Savings, and GNBC.

On September 28th, NTP staff attended Hudson County Chamber of Commerce’s annual B2B networking event, SchmoozaPalooza, at Liberty House.

NTP staff at the Hudson County Chamber of Commerce’s SchmoozaPalooza event at Liberty House on September 28.

Catherine Mirasol and Achya Edwards of HCCC’s Center for Business and Industry with Lori Friedman, SVP of Goodwill Industries of Greater New York and New Jersey at Shiftgig’s NYC Open House on August 25.

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On September 28th, NTP staff attended Hudson County Chamber of Commerce’s annual B2B networking event, SchmoozaPalooza, at Liberty House.

NTP staff at the All about Downtown Street Fair on September 17, in downtown Jersey City.


NTP staff attended the All about Downtown Street Fair on September 17th to market NTP programs and classes to the Jersey City community. The fair featured approximately 300 vendors and attracted over 30,000 attendees to the Historic Downtown Jersey City district.

On September 9, NTP staff attended the Harrison Fest 2016 Queens United Nations Gala dinner at the Holy Cross Banquet Hall in Harrison, NJ. The gala served as a kick-off to the annual Harrison street festival and parade, which celebrate the rich multicultural backgrounds that make up the town of Harrison.

On September 28th, NTP staff attended Hudson County Chamber of Commerce’s annual B2B networking event, SchmoozaPalooza, at Liberty House.

Students from the LINCS Supply Chain Management program along with their instructor, Stuart Rosenberg (far right).

Jennifer Navas of HCCC’s Community Education and Priscilla Ochoa of the Division of Non-Traditional Programs at the Harrison Fest 2016 Queens United Nations Gala dinner on September 9 at the Holy Cross Banquet Hall in Harrison, NJ.

Pictured from left: Susan Piro, Councilwoman, Robert Constantino, Councilman, Michael Gonnelli, Mayor of Secaucus, Jennifer Navas, HCCC Community Education, Achya Edwards, HCCC Center for Business and Industry, Catherine Mirasol, HCCC Center for Business and Industry and Gary Jeffas, Councilman, at the Secaucus Restaurant Night on September 22 at the Ice Rink.

Samaya Yashayeva of CBI (far left) assists potential candidates for the CPHE program at the CPHE information session on September 23 at the Culinary Conference Center.

Jennifer Navas of HCCC’s Community Education and Priscilla Ochoa of the Division of Non-Traditional Programs at the Harrison Fest 2016 Queens United Nations Gala dinner on September 9 at the Holy Cross Banquet Hall in Harrison, NJ.
HCCC Happenings

OCTOBER 2016
Resume & Cover Letter
Oct. 3 JSQ 12 p.m.
Oct. 12 NHC 12 p.m.
Oct. 13 JSQ 3 p.m.
Oct. 21 JSQ 11 a.m.
Oct. 26 JSQ 3 p.m.
Oct. 31 JSQ 3 p.m.

Job Search & Online Presence
Oct. 6 JSQ 11 a.m.
Oct. 19 NHC 12 p.m.
Oct. 24 JSQ 3 p.m.

Applying to College/Transferring
Oct. 17 JSQ 3 p.m.

Building up Your Interview Skills
Oct. 14 JSQ 4 p.m.
Oct. 25 JSQ 12 p.m.
Oct. 26 NHC 12 p.m.

Major Exploration
Oct. 4 JSQ 3 p.m.
Oct. 5 NHC 11 a.m.

Office Hours:
Monday – Thursday, 9 a.m. to 6 p.m.
Friday, 9 a.m. to 5 p.m.
Office Phone: (201) 360-4184

Locations:
JSQ: 70 Sip Ave. (Building A), 3rd Floor
NHC: 7th Floor (N703A)

JOIN US FOR OUR CAREER BOOTCAMP
Revamp Your Resume
Polish Your Interviewing Skills
Learn What Not To Wear
Create Your Brand

Journal Square Campus, Building A, 3rd Floor:
October 10-13

North Hudson Campus, 2nd Floor:
October 25-27

SESSIONS START ON THE HOUR, EVERY HOUR BETWEEN 9 A.M. AND 4 P.M.

DIVISION OF NON-TRADITIONAL PROGRAMS NEWS

Attendees at NTP’s Hispanic Heritage Lunch & Learn: “Marketing to Latinos” on September 22 at the Culinary Conference Center.

Participants in the WomenRising, Hudson County Community College & Allstate Financial Literacy Expo on September 23 at the Culinary Conference Center.

Chef Sami Khouzam of HCCC’s Culinary Arts Institute and participants in the Horizon NJ Health & Hudson County Community College Cooking Challenge on September 30.

House. The event provided opportunities to meet other Hudson County businesses, promote NTP programs and learn about resources available to help grow business.

Center for Business and Industry
On October 11, CBI will begin Cycle 22 of its Community Partnerships in Hotel Employment (CPHE) program. Grant funding for this program is made possible by the Ready to Work program funded in whole by the NJ & US Department of Labor. The program, a collaboration between Hudson County Community College and WomenRising, Inc., combines classroom instruction with hands-on internships in both hotels and restaurants. Students work with seasoned professionals at HCCC and learn critical soft skills at WomenRising. Industry partners provide internships with the experiential component thereby giving students the opportunity for full-time employment.

Funded by a $24.5 million U.S. Department of Labor TAACCCT grant, LINCS (Leveraging, Integrating, Networking, and Coordinating Supplies) is a national supply chain management program that includes education and the CSCMP SCPro™ Fundamentals certification. LINCS education and CSCMP certifications prepare participants desiring employment for a multitude of supply chain management positions across various functions of companies. The Center for Business and Industry is excited to be the industry partner for this vitally important career program.

CBI started classes in September 2016 with 18 students funded by the Department of Labor, Ready to Work grant. The program offers courses in various formats including traditional, online, and hybrid instruction and encompasses eight industry-recognized certification tracks: customer service operations, demand planning, inventory management, manufacturing and service operations, supply chain management principles, supply management and procurement, transportation operations, and warehousing operations. The goal of the program is to provide education and certification opportunities for potential job applicants, including displaced workers, long-term unemployed workers, and veterans entering the workforce. Additionally, the program will serve workers who are presently employed, but require additional training to improve positions, increase wages and broaden career options; high school graduates who are currently enrolled in colleges or technical schools; and high school seniors who are undecided about what jobs or careers to pursue after high school graduation.

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CAREER DEVELOPMENT WORKSHOP SERIES 2016

JOIN US FOR OUR CAREER BOOTCAMP
Revamp Your Resume
Polish Your Interviewing Skills
Learn What Not To Wear
Create Your Brand

Journal Square Campus, Building A, 3rd Floor:
October 10-13

North Hudson Campus, 2nd Floor:
October 25-27

SESSIONS START ON THE HOUR, EVERY HOUR BETWEEN 9 A.M. AND 4 P.M.
The Criminal Justice Department at Hudson County Community College hosted the first Career Technical Institute Criminal Justice Symposium on September 26 and 27 in the Culinary Conference Center. The symposium theme was “Nontraditional Criminal Justice Student College Success.” The first day included a student panel discussion regarding HCCC student experiences; avenues for supporting female students; individual career goals; and the roles of female professionals in a field dominated by men in law enforcement, courts, and corrections. This panel was moderated by the symposium Chair, Professor Richard Walker. The student panelists were Joseph Morell, Christian Navarro, Isael Cruz, Jaime Franco, Lucille Melo, Najwa Ismael, and Stephanie Castro.

Dr. Jerry Lamb provided a workshop titled “Guidelines for First Year Student Success.” Dr. Lamb’s information allowed students and faculty to explore new ways in being more proactive in ensuring success for first-year students. Furthermore, Dr. Christiane Warren, Associate Dean of Social Sciences, conducted a seminar titled, “Prior Learning Assessment Credits for Criminal Justice.” Dr. Warren increased faculty and student awareness of the specific avenues (e.g., law enforcement experience) open for criminal justice students in earning credits that assist in helping nontraditional students in the completion of a degree.

The second day of the symposium allowed for various local criminal justice agencies to engage in a career expo for the criminal justice students. The main goal of the symposium was for students to explore and discover various opportunities in the field. Organizations such as the Jersey City Police Department and the Center for Education, Inc. in Newark were on hand to allow students in networking with professionals. Students asked questions about New Jersey state examinations; credentialing processes; internships; and employment trends in reentry, law enforcement, and the court system.

REAL MONEY 101

(left) - Dorothy Gillard of NJ HESAA delivers a presentation on Credit and Debt Management.
(right) Christine Petersen, Associate Director, Student Financial Assistance, greets seminar attendees.

O n Thursday, Sept. 22, the Office of Student Financial Assistance held the first of a series of workshops with the theme “Real Money 101.” Dorothy Gillard of the New Jersey Higher Education Student Assistance Authority (HESAA) discussed Credit and Debt Management.

On Thursday, Oct. 20, Gillard will discuss Budgeting and Money Management at the North Hudson Campus from 12 noon to 1 p.m.

On Tuesday, Sept. 20, Hudson County Community College’s Social Sciences Division welcomed Rutgers University-Newark to HCCC’s North Hudson Campus. Personnel from both institutions discussed the transfer agreement between HCCC and Rutgers, HCCC’s transition to an Associate of Science degree in Criminal Justice, and the application/transfer process for students interested in pursuing a degree in criminal justice.

Kenya Tyson, Associate Dean, Academic Programs and Student Services for Rutgers’ School of Criminal Justice, discussed the numerous careers possible with a criminal justice degree, and the fact that the Criminal Justice department observes “walk-in Wednesdays,” during which students may meet with members of the department on a walk-in basis.
PROFESSIONAL NOTES

On Sept. 21, Librarian Cynthia Coulter attended the New Jersey State Library’s Disaster Preparedness workshop at the Wyckoff Public Library. The workshop covered how libraries can both survive and become destination facilities in the case of a disaster. Ways that libraries can help include: serving as charging stations, offering Wi-Fi to first responders and the public, and serving as information hubs for police, firefighters, and other emergency personnel. The State Library has posted more information on its website at http://www.njstatelib.org/services_for_libraries/resources/disaster_planning.

A film by Hudson County Community College student Sally Deering, TOUCH, has been accepted to the Golden Door International Film Festival in Jersey City. It was screened on Saturday, Sept. 24 at the Rialto-Capital Theatre, 20 Beacon Way, Jersey City. TOUCH began as a project in a Digital Video class at HCCC.

Other students were also involved in this project from Instructor Mark Ramos’s Digital Video class: Sally Deering (writer, director, and co-star), Ny’Kera Washington (co-star); Kevin Rangel (director of photography); Melvona (co-star), Carleen Hicks (editor); Olga Doutkevitch (grip); and Fermin Mendoza (special effects). The poster was created as part of Instructor Nooshin Rostami’s Digital Imaging class.

It’s been a big year for Theatre Arts Coordinator Joseph Gallo. Beginning with his being named the 2016 recipient of the Kennedy Center Prize for Innovative Teaching in Theatre, and stretching straight through the summer where his one-person play, Long Gone Daddy, opened at Mile Square Theatre in Hoboken to rave reviews by Broadway World. In conjunction with the play’s opening, Gallo was published by Sordelet Ink, and copies of Two Plays: My Italy Story and Long Gone Daddy can be purchased on Amazon.com or at Little City Books in Hoboken.

PARKING UPDATE

As of the close of business on Friday, Sept. 30, 2016, Welcome Parking, located at 88 Sip Avenue (next to 25 Journal Square (Building B)) has closed permanently so that commercial construction of One Journal Square may commence.

Discounted parking remains available at the following locations:

• Welcome Parking, 30 Journal Square (across from Jones Street lot, behind 26 Journal Square (X))
• Jones Street lot, behind 26 Journal Square (X)
• Impark (Square Ramp), 801 Pavonia Avenue (behind Loews Theatre)
• Impark, 130 Sip Avenue (across from Culinary Conference Center (E))
• Bergen Avenue Parking, 871 Bergen Avenue (across from 870 Bergen Avenue (F))

For additional information, please contact the Safety & Security Department at (201) 360-4080.

NORTH HUDSON CAMPUS DESIGNATED AS LEED CERTIFIED BUILDING

The North Hudson Campus, which Hudson County Community College opened in 2011, was designated as a LEED Certified building last year by the U.S. Green Building Council. LEED – meaning Leadership in Energy and Environmental Design – is a four-level system (Certified, Silver, Gold and Platinum) which evaluates water and energy conservation, as well as reduction of greenhouse gas emissions.

The College recently received and hung its LEED certification plaque. It is displayed next to the main staircase on the first floor at NHC.
Aparna Saini (left), Director of Career Development, coaches interested Federal Work Study (FWS) students, training them in office skills such as telephone etiquette and greeting visitors. The Career Development Center worked with more than 100 students during the month of September.

On Sunday, Sept. 25, 2016, Hudson County Community College students, along with faculty and staff, participated in the American Foundation for Suicide Prevention’s (AFSP) Out of the Darkness Walk, supporting the AFSP’s mission “to save lives and bring hope to those affected by suicide” and reduce the suicide rate 20% by 2025. The event allowed students, faculty and staff to come together and join a larger community to walk to fight suicide by building awareness and normalizing mental health issues, as well as inspire others to seek out the help and support they may need.

Team HCCC surpassed its $500 fundraising goal, raising $755 in donations. Donations from the Walk will be used towards the AFSP’s research and development of prevention and educational programs, advocate for public policy, and support and unite survivors of suicide loss. Team HCCC is currently first in the top five fundraising teams, and Meryl Kurland, an HCCC student, is in the top five individual fundraisers.

In August 2016, New Jersey passed the “Madison Holleran Suicide Prevention Act.” This new legislation requires institutions of higher education to reduce student suicides and attempted suicides by providing students with 24/7 access to services for suicide prevention. It also requires faculty and staff to become familiar with warning signs and risk factors associated with student suicidality.

HCCC has recognized the need to address mental health issues and emotional wellness within the College community as a preventative measure and to support students’ personal and academic goals. The National Alliance on Mental Illness has identified stigma as the number one barrier for college students to seek out help. In an effort to reduce this stigma so that students are more attentive to their emotional well-being and seek out the help they may need, HCCC’s Office of Advisement and Counseling has joined “The Campaign to Change Direction” in changing the culture of mental health in America by pledging to know and share the five signs of emotional suffering.

In the first weeks of the Fall 2016 semester, students received a series of three emails which included statistics about mental illness and suicide rates, the five signs, description of each sign, triggers to emotional suffering, along with a list of crisis hotlines and the contact information for HCCC’s personal counseling services.

The Advisement and Counseling Office will continue to focus and address students’ mental health needs and emotional wellness to ensure their overall success. In doing so, we will also be working with faculty and staff to recognize warning signs and risk factors of suicide.

In New Jersey, suicide is the second leading cause of death for individuals ages 25-34, the third leading cause of death for ages 15-24, and for every suicide committed, 25 attempts are made.

“The Campaign to Change Direction” has identified personality changes, feeling agitated, withdrawal, poor self-care, and hopelessness as warning signals that someone may be suffering emotionally.
**HCCC Happenings**

**Hudson County Community College Foundation announces its Fall 2016 Subscription Dining Series**

One of the best dining values in the area is one of the most affordable and enjoyable, and it is available via the Hudson County Community College (HCCC) Foundation Subscription Dining Series.

Now in its sixth year, the Series provides business people and residents with the opportunity to enjoy superior, three-course luncheons – beautifully prepared and elegantly served – on Fridays at the College’s acclaimed Culinary Arts Institute (CAI), at a cost of just $35 per person.

There’s a great bonus to the Series: proceeds are used to award much-needed financial assistance to deserving students at the College!

The HCCC Foundation Subscription Luncheons are planned and prepared by the Executive Chef and professional chef/instructors of the College’s Culinary Arts Institute, and include appetizer, entrée, and dessert, plus non-alcoholic beverages. (Wine and beer are available by the bottle or glass for an additional cost and must be paid by cash or credit card at the time of service). Service is provided by the professionally trained HCCC CAI students from 11:30 a.m. to 2:30 p.m. in the Culinary Arts Institute at 161 Newkirk Street in Jersey City – just two blocks from the Journal Square PATH Station.

HCCC Vice President for Development Joseph Sansone said reservations are a must and may be made for two to six guests on any and all of the Series dates – September 30, October 7, October 14, October 21, October 28, November 4, November 11, and November 18.

“Those who take advantage of the Series really enjoy a world-class dining experience at an unbelievably low price,” Mr. Sansone stated. “Those who have dined here are sometimes surprised by the great cuisine, beautiful atmosphere, and exceptional service. However, they shouldn’t be; the Hudson County Community College Culinary Arts program has been recognized as the number-six culinary arts studies program in the U.S.A.”

Hudson County Community College Foundation is a 501(c)3 corporation providing tax-exempt status to contributors. Founded in 1997, the HCCC Foundation is dedicated to generating financial support for the College and its students by developing needs-based and merit scholarships. The HCCC Foundation also provides seed money for innovative faculty programs and contributes to the College’s physical expansion.

Those who wish further details on the Subscription Dining Series can visit http://www.hccc.edu/uploadedFiles/Pages/Foundation/Subscription-Dining-Series-11.26.16.pdf. Further information and reservations are available by phoning (201) 360-4006 or emailing jsansone@hccc.edu.

**HCCC Foundation Chair Mandy Otero Wins NRA Air Rifle Championships**

Mandy Otero, Chair of the Hudson County Community College Foundation, has an unusual hobby: he has been for many years, a top target shooter in the USA.

Mandy specializes in smallbore position shooting and air rifle shooting, having competed for over 47 years. He has set over 80 national records in the senior, civilian and open individual categories and civilian team, open team and senior team categories. He also has over 60 New Jersey State Champion medallions in several disciplines.

This year, he won the NRA National Precision Standing Air Rifle Senior Championship and the NRA National Precision 3 position Air Rifle Senior Championship, and thus becoming the number one Precision air rifle senior target shooter in the country.

Pictured from left: Ana Chapman-McCausland, Dean for Non-Traditional Programs; Roger Jones, President, CEO and owner of Jones & Associates Communications; Laura Sklar, Broker/Owner of Century 21 Real Estate and Chair, Hudson County Workforce Development Board; James E. McGreevey, Executive Director, Jersey City Employment and Training Program; and Glen Gabert, Ph.D., HCCC President.

**Jahrell Thompson to Join HCCC Board of Trustees as Alumni Representative**

Dr. Glen Gabert, President, and Dr. Paula Pando, Senior Vice President for the North Hudson Campus and Student and Educational Services, meet with Jahrell Thompson, the newly elected Student Alumni Representative to the Board of Trustees. Mr. Thompson will join the Board at its November meeting. Dr. Gabert and Dr. Pando provided Mr. Thompson with an orientation to the Board of Trustees, and discussed his role in representing student interests.

**FALL 2016 CLEP Schedule**

Hudson County Community College’s Testing & Assessment Center announces its CLEP schedule for Fall 2016. Session I will begin at 9:00 a.m., and Session II at 1:00 p.m., on each test day.

The Registration Fee is $20 per test, and there is a CLEP Fee of $80 per test.

*$10 off CLEP Exams in September*

From Sept. 1 to 30, CLEP is offering students $10 off the $80 exam fee for all CLEP® exams. When checking out at the end of the exam registration process on CLEP’s website (www.collegeboard.com/clep), students should enter the promo code CLEPSEPT and $10 will be subtracted from the purchase of each exam. As always, registration tickets will be valid for six months after the purchase date.

October
- Thursday, Oct. 6
- Wednesday, Oct. 19
- Tuesday, Oct. 25

November
- Thursday, Nov. 3
- Thursday, Nov. 17
- Tuesday, Nov. 22

Please visit: www.hccc.edu/CLEPSchedule/ for a list of available exams.
On Saturday, Oct. 24, Hudson County Community College’s Office of Student Activities held its annual Leadership Conference. This year’s theme was “Leadership Olympics.”

The keynote address was delivered by Emily Miethner, Founder and CEO of FindSpark, MCG Social, and an adjunct professor. Through FindSpark, a community dedicated to setting up millennials for career success, Miethner has produced more than 200 educational career programs. In addition to the keynote presentation, Miethner also facilitated a workshop, “Head, Heart & Hustle: How to Make an Impact.”

FALL CONFERENCE FOR THE MATHEMATICAL ASSOCIATION OF TWO-YEAR COLLEGES OF NEW JERSEY

On Saturday, Oct. 1, Hudson County Community College hosted the Fall Conference for the Mathematical Association of Two-Year Colleges of New Jersey (MATYC-NJ). The day’s keynote speaker was Ron Larson, Ph.D., Professor at Penn State University at Erie.

The food and refreshments for the event were provided by Pearson and TI.

On Saturday, Oct. 1, Hudson County Community College hosted the Fall Conference for the Mathematical Association of Two-Year Colleges of New Jersey (MATYC-NJ). The day’s keynote speaker was Ron Larson, Ph.D., Professor at Penn State University at Erie.

The food and refreshments for the event were provided by Pearson and TI.

Stay Connect-ED with HCCC!

Hudson County Community College has implemented Connect-ED, a text- and voice messaging system in the event of a crisis or emergency. Connect-ED is HCCC’s response to a federal law which requires disclosure of pertinent information about campus crime and security. The system will allow the College to send time-sensitive notifications by phone, email, and/or text message.

Both HCCC students and employees have been automatically registered in the emergency-alert system and will receive alerts to their HCCC email accounts unless they opt out.

Users are encouraged to access the College’s website, www.hccc.edu/emergency, and click on the Connect-ED link to register additional contact information such as home, work, and cell phone numbers.

HCCC will provide this emergency service free of charge to students and employees—there is no charge to sign up. However, mobile service providers may charge a fee for incoming messages depending on an individual’s plan.

Personal information entered into the Connect-ED system will be kept confidential and will not be shared.

For information about Connect-ED, visit www.hccc.edu/emergency.

Stay informed and get Connect-ED today!
LEAP HOSTS STUDENT ORIENTATION SESSIONS

Following this past August’s New Student Orientation Events, the LEAP Dual Enrollment Program hosted two mini orientation sessions, for high school students across Hudson County. Students engaged in conversations with LEAP Instructors and staff members regarding LEAP Program expectations, career goals, and course work.

Students were excited to participate in both the New Student Orientation and LEAP Orientation Program as it enabled them to fully embrace that they are part of the HCCC family from both the collegiate and high school stance!

Both parents and students attendees expressed their appreciation and enthusiasm for the LEAP program.

When LEAP students were asked what they were most excited about as we approached the semester kick-off, Samantha Maria Colon of Kearny High School said: “I am most excited about experiencing college courses for the first time, and opening up my network with new faces and opportunities.”

When LEAP parents were asked how they see LEAP impacting their students’ futures, Mary Marshall, parent of County Prep High School student Alexander Berman, shared: “LEAP not only offers students the opportunity to experience the college curriculum, but it also helps students to open their minds to see the world in a different light. LEAP will empower our children to think outside the box and to believe the world is their canvas.”

Fall is off to a great start!

To find out more information about LEAP, please visit us at www.hccc.edu/leap/ and like as well as follow us on Facebook: www.facebook.com/HCCCLEAP/

NEW STUDENT ORIENTATION

Christine Petersen (center), Associate Director, Student Financial Assistance, provides information regarding financial aid to incoming Hudson County Community College students on Tuesday, Aug. 30, during the last orientation session for the Fall 2016 term. Also pictured are Sabrina Maglilo (left), Director of Advisement and Counseling, and David Clark, Ph.D. (right), Assistant Dean of Student Services.

VOTER REGISTRATION

On Friday, Sept. 16, Hudson County Community College observed Constitution Day, during which attendees received copies of the United States Constitution and had an opportunity to register to vote for the Nov. 8 general election.

The Office of Student Activities will hold four additional voter registration drives at the Library Building – on Tuesday, Oct. 4, Monday, Oct. 10, Tuesday, Oct. 11; and Wednesday, Oct. 12. The deadline for eligible voters to register in New Jersey is 21 days prior to the election: Tuesday, Oct. 18.

Voters must be 18 or turn 18 by Nov. 8. For other eligibility requirements, please visit http://www.njelections.org/voting-information.html.
Welcome to HCCC! The CPT is a computerized assessment used to assist with English/Math course placement. Take the CPT seriously! Depending on your scores, you may have to register/pay for additional semesters of courses that do not bear college credit/count toward degree. The Writing Proficiency test is also part of the general CPT schedule.

You may be exempt from the CPT, if you have college-level transfer credit, qualifying ACT/SAT scores or Accuplacer scores from another institution. For more information, visit www.hccc.edu/testing

Before taking the CPT:
- Review, Brush-up, Study!!! See below for free study resources
- For special testing accommodations, contact Disability Support Services at 201-360-4157 in advance.

On day of CPT:
- Make sure you eat and rest well
- Bring photo ID, College Wide ID #, pen, and pencil
- Report at least 10 minutes before the test start time
- Walk-ins accepted for 9 a.m. and 1 p.m. sessions.

Academic Success begins with preparation for the College Placement Test (Accuplacer)

October 2016
Term: Fall 2016 and Offsites

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College Placement Test
- Approximately 2-3 hours
  1. Writeplacer: 1 hr. timed/typed essay
  2. Reading Comprehension: untimed/multiple choice
  3. Arithmetic: untimed/multiple choice
  4. Elementary Algebra: untimed multiple choice

Writing Proficiency Test
- 90 minutes
  The WPT is required when Eng 101 transcript is older than 10 years; this exam is handwritten.

English as a Second Language placement test
- Approximately 2.5-3.5 hours
  1. ESL Reading Skills: untimed/multiple choice
  2. ESL Language Use: untimed/multiple choice
  3. ESL Listening: untimed/multiple choice
  4. ESL Essay: 1 hr. timed handwritten essay
  5. Must be eligible to take Math Placement test

Avoid getting misplaced in Math.
Brush up on your Math skills with EdReady!
Create your free EdReady account:
http://www.hccc.edready.org
View additional Accuplacer Study Resources at:
www.hccc.edu/accuplacerstudyresources
**CALENDAR OF EVENTS**

**Saturday, October 1**
Fall Conference for the Mathematical Association of Two-Year Colleges of New Jersey (MATYC NJ), 8:30 a.m. to 3 p.m., 25 Journal Square, Student Lounge

Visit to the National September 11 Memorial & Museum and Walking Tour of 9/11 site. Group leaves from the B Building at 9:30 a.m. Sign up at hccc.edu/tickets.

**Monday, October 3**
Last day to file degree audit application for December 2016 graduation

Instant Decision Day - Seton Hall University, 10 a.m. to 4 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Sundae on Mondays, 12 p.m., North Hudson Center, Student Lounge

Resume & Cover Letter workshop, 12 p.m., 70 Sip Ave., Third Floor

Bead Making, 2 p.m. to 5 p.m., North Hudson Campus, Student Lounge. Handmade beads from simple paper and glue? Find out how to create them at this DIY workshop. String them up for your own custom bracelets, necklaces, earrings, and more!

Spoken word performance and workshop by Denice Frohman, 4 p.m. to 6 p.m. 25 Journal Square, Student Lounge

Nursing Information Day, 5 p.m., 870 Bergen Avenue, First Floor

**Tuesday, October 4**
Instant Decision Day - New Jersey City University, 10 a.m. to 4 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Culinary Café will be open for lunch at Culinary Conference Center. Lunch Buffet served from 12 p.m. to 1:30 p.m.

Major Exploration Workshop, 3 p.m., 70 Sip Ave., Third Floor

“Own Your Fitness” Free physical and nutritional assessments, 2 p.m. to 3:15 p.m., North Hudson Campus Student Lounge

National Society for Leadership & Success Live Speaker Broadcast featuring Dolvett Quince, 7 p.m., Culinary Conference Center, 161 Newkirk St. and North Hudson Campus, Multi-Purpose Room

Voter Registration, 11 a.m. to 1 p.m., Journal Square Campus, 71 Sip Avenue, Lobby

**Wednesday, October 5**
Bagel Wednesday, 9 a.m., North Hudson Campus, Student Lounge. Start your morning off with some bagels and all of the fixings.

Major Exploration Fair, 11 a.m. to 1 p.m., 25 Journal Square, Student Lounge

SGA Town Hall Meeting, 12 p.m. to 1 p.m., 25 Journal Square, Student Lounge

Volunteer with the St. Joseph’s Food Pantry, 3 p.m. to 5 p.m. Please meet in the Student Lounge at 25 Journal Square at 2:30 p.m.; group will walk together to venue.

“Own Your Fitness” Workout/Motivation Session, 3 p.m. to 4 p.m., 25 Journal Square, Student Lounge

Major Exploration Workshop, 11 a.m., North Hudson Campus, Room 703A

Screening of documentary, “The Same Difference” and Q&A with director Nneka Onuorah, 6 p.m., Library Building, 71 Sip Ave., Sixth Floor

**Thursday, October 6**
Job Search & Online Presence workshop, 11 a.m., 70 Sip Avenue, Third Floor

Matinee of “Ghostbusters” (2016), 12 p.m., 25 Journal Square, Student Lounge

“Giving Words Life” Writers’ Workshop sponsored by Honors Program and Sigma Kappa Delta Honor Society, 12 noon to 1 p.m., Library Building, Room 318

Super Smash Bros.™ Friendly, 2 p.m. to 5 p.m., Library Building, 71 Sip Ave. and North Hudson Campus, Student Lounge. Play friendly rounds of Super Smash Bros. ™ and meet other gamers in the HCCC community. Players of all levels are welcome and encouraged to attend!

Hispanic Heritage Month Literary Salon: “What’s Your Story?” 4 p.m. to 5:30 p.m., Liberty Café, Library Building, 71 Sip Ave. Join us to hear how Latinos are adding to the American story. Bring your own story to share.

**Friday, October 7**
Broadway Classroom, 1 p.m. to 2 p.m., Library Building, 71 Sip Ave., Sixth Floor. Join HCCC for an hour-long sessions with Broadway stars teaching the tricks of the trade. Classes include makeup design, stage combat and more. Learn choreography straight from the stage of ”Wicked” with Eddie Fendergraft. Ages 15 and up. For more information or to register, visit www.hccc.edu/tickets.

Subscription Dining Series, 11:30 a.m., Culinary Conference Center, 161 Newkirk Street

Club and Organization Mixer, 12 p.m. to 2 p.m., 25 Journal Square, Student Lounge

**Saturday, October 8**
Classes begin for Culinary Cycle II (Day)

Sesame Street Live: Elmo Makes Music, shows at 10:30 a.m. and 2 p.m., New Jersey Performing Arts Center, Newark. Admission for Students: $20; admission for Guests: $40. Purchase tickets at www.hccc.edu/tickets. When the new music teacher’s instruments go missing, Elmo, Abby Cadabby, Big Bird and their friends come to the rescue and discover things about music they never knew existed. Monsters make music? Yes, they do, and in wonderful ways, too. Children learn that everyone can make and enjoy beautiful music together!

**Sunday, October 9**
Presidential Debate Screening, 9 p.m. to 10:30 p.m., North Hudson Campus, Student Lounge

**Monday, October 10**
Columbus Day – College open/classes in session

Sundae on Mondays, 12 p.m., North Hudson Center, Student Lounge

Matinee Monday: “Selena,” 12 p.m., 25 Journal Square, Student Lounge

Voter Registration, 12 p.m. to 4 p.m., 71 Sip Avenue, Lobby

**Tuesday, October 11 – Saturday, November 19**
Exhibit: “Housing Works,” Benjamin J. Dineen III & Dennis C. Hull Gallery, 71 Sip Avenue, Sixth Floor. Gallery hours are Monday through Saturday, 11 a.m. to 5 p.m.; Tuesday, 11 a.m. to 8 p.m.; closed Sunday.

**Tuesday, October 11**
Major Exploration Fair, 11 a.m. to 1 p.m., North Hudson Campus,

Culinary Café will be open for lunch at Culinary Conference Center. Lunch Buffet served from 12 p.m. to 1:30 p.m.

Broadway Concert Series, 1 p.m. to 2 p.m., Library Building, 71 Sip Ave., Sixth Floor. Come out and meet Broadway stars during an hour-long program which will include live performances, Q & A, and autographs by some of Broadway’s finest performers. Meet NikkiDaniels Kready (The Book of Mormon). Ages 8 and up. For more information or to register, please visit www.hccc.edu/tickets.

**Thursday, October 11 - Saturday, November 19**
Major Exploration Fair, 11 a.m. to 1 p.m., North Hudson Campus,

Culinary Café will be open for lunch at Culinary Conference Center. Lunch Buffet served from 12 p.m. to 1:30 p.m.

Broadway Concert Series, 1 p.m. to 2 p.m., Library Building, 71 Sip Ave., Sixth Floor. Come out and meet Broadway stars during an hour-long program which will include live performances, Q & A, and autographs by some of Broadway’s finest performers. Meet NikkiDaniels Kready (The Book of Mormon). Ages 8 and up. For more information or to register, please visit www.hccc.edu/tickets.

National Coming Out Day – screening of “Do I Sound Gay?,” 4 p.m., 25 Journal Square, Student Lounge

Voter Registration, 12 p.m. to 4 p.m., 71 Sip Avenue, Lobby
CALENDAR OF EVENTS

Wednesday, October 12
Bagel Wednesday, 9 a.m., North Hudson Campus, Student Lounge. Start your morning off with some bagels and all of the fixings.

Instant Decision Day - Kean University, 10 a.m. to 4 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Health & Wellness Fair, 11 a.m. to 2 p.m., 25 Journal Square, Student Lounge

Resume & Cover Letter workshop, 12 p.m., North Hudson Campus, Room 703A

“Own Your Fitness” Workout/Motivation Session, 3 p.m. to 4 p.m., 25 Journal Square, Student Lounge

True Life: The Difference between Being Alive and Living, 3 p.m., Culinary Conference Center, 161 Newkirk St. With recent events such as the massacre in Orlando and the various police brutality incidents, we have experienced and witnessed those around us “living in fear.” What can we do to help those around us, to change and improve our perspective, to make this state and country one that we want future generations to grow up in?

Fall Fest, 3 p.m. to 6 p.m., North Hudson Campus. Come out and enjoy everything Fall has to offer! Paint pumpkins, enjoy candy apples and apple cider, take pictures in the Fall Photo Booth, and relax while enjoying all that the fall season has to offer!

Thursday, October 13
Instant Decision Day - William Paterson University, 10 a.m. to 3 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Fall Fest, 11 a.m. to 1 p.m., 25 Journal Square, Student Lounge. Come out and enjoy everything fall has to offer! Paint pumpkins, enjoy candy apples and apple cider, take pictures in the Fall Photo Booth, and relax while enjoying all that the fall season has to offer!

Jewelry Making, 11 a.m. to 2 p.m., Library Building, 71 Sip Ave. and North Hudson Campus, Student Lounge. Make beautiful jewelry using beads, fabric, wire, clamps, and move. Supplies will be provided to create earrings, necklaces, and bracelets – just bring your creativity!

New Employee Welcome, 10 a.m. to 1 p.m., Culinary Conference Center, 161 Newkirk Street

Resume & Cover Letter workshop, 3 p.m., 70 Sip Ave., Third Floor

Lecture Series featuring Piper Kerman, 6 p.m., Culinary Conference Center, 161 Newkirk Street. For tickets, please visit www.hccc.edu/tickets. The first 100 HCCC students in attendance will receive a free signed copy of Kerman’s best-seller, “Orange Is the New Black: My Year in a Women’s Prison.”

Voter Registration, 12 p.m. to 4 p.m., 71 Sip Avenue, Lobby

Friday, October 14
Subscription Dining Series, 11:30 a.m., Culinary Conference Center, 161 Newkirk Street

Building up Your Interview Skills Workshop, 4 p.m., 70 Sip Ave., Third Floor

Saturday, October 15
Day trip to Chuang Yen Buddhist Monastery Day Trip. Bus leaves 25 Journal Square at 9 a.m., Come join Hudson County Community College as we explore the Chuang Yen Buddhist Monastery - a once-in-a-lifetime experience! Your day at the Monastery will include a tour of the temple buildings, grounds, and library, and will consist of a 66 traditional Chinese Buddhist vegetarian buffet lunch. For more information and to register visit www.hccc.edu/tickets.

Sunday, October 16
Fright Fest at Six Flags Great Adventure, 4 p.m. Admission for students: $20; admission for guests: $45. Purchase tickets at www.hccc.edu/tickets.

Monday, October 17
Spirit Day, 12 p.m., 25 Journal Square, Student Lounge

Makerspace Open Hours, 12 p.m. to 3 p.m., Library Building, 71 Sip Ave.

Sundaes on Mondays, 12 p.m., North Hudson Campus, Student Lounge

Applying to College/Transferring workshop, 3 p.m., 70 Sip Ave., Third Floor

Tuesday, October 18
Instant Decision Day - Rutgers University, 10 a.m. to 4 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Job & Internship Fair, 11 a.m. to 2 p.m., Culinary Conference Center, 161 Newkirk Street

Culinary Café will be open for lunch at Culinary Conference Center. Lunch Buffet served from 12 p.m. to 1:30 p.m.

“Housing Works” panel discussion and reception, 3 p.m. to 5 p.m., Library Building, 71 Sip Ave., Sixth Floor.

Library Book Club, 1:30 p.m. to 3 p.m., Library Building, 71 Sip Ave. and North Hudson Campus. The clubs will discuss “Ms. Marvel Volume I” by G. Willow Wilson.

Meeting of Hudson County Community College Board of Trustees, 5 p.m., North Hudson Campus, 4800 Kennedy Blvd., Union City.

National Society for Leadership & Success Live Speaker Broadcast featuring Leigh Anne Tuohy, 7 p.m., Culinary Conference Center, 161 Newkirk St. and North Hudson Campus, Multi-Purpose Room

HCCoffeehouse featuring Levi Stephens, 4 p.m., 25 Journal Square, Student Lounge. Enjoy a live performance from talent Levi Stephens, a new artist with an old soul and sound. Levi’s creativity, innovation, and inherent blend of difference cultures and experiences, make his music comforting while challenging the status quo.

Wednesday, October 19
Bagel Wednesday, 9 a.m., North Hudson Campus, Student Lounge. Start your morning off with some bagels and all of the fixings.

Instant Decision Day - Montclair State University, 10 a.m. to 4 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Job Search & Online Presence workshop, 12 p.m., North Hudson Center, Room 703A

Presidential Debate Screening, 9 p.m. to 10:30 p.m., 25 Journal Square, Student Lounge

“Own Your Fitness” Workout/Motivation Session, 3 p.m. to 4 p.m., 25 Journal Square, Student Lounge

“Housing Works” panel discussion and reception, 3 p.m. to 5 p.m., Library Building, 71 Sip Ave., Sixth Floor

Thursday, October 20 – Wednesday, October 26
Midterm exams/Advisement period

Thursday, October 20
Instant Decision Day - Saint Peter’s University, 10 a.m. to 4 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

#TruckinThursday, 11 a.m. to 1 p.m., on both campuses.

“Giving Words Life” Writers’ Workshop sponsored by Honors Program and Sigma Kappa Delta Honor Society, 12 noon to 1 p.m., Library Building, Room 318

WomenRising Candlelight Vigil, 6 p.m. to 8 p.m., 25 Journal Square, Student Lounge. The Office of Student Activities and WomenRising team up to support Domestic Abuse Awareness Month with a special candlelight vigil for all those impacted by and victims of domestic violence.
CALENDAR OF EVENTS

Friday, October 21
Instant Decision Day - New Jersey City University, 10 a.m. to 4 p.m., 70 Sip Ave. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Resume & Cover Letter workshop, 11 a.m., 70 Sip Ave., Third Floor
Subscription Dining Series, 11:30 a.m., Culinary Conference Center, 161 Newkirk Street

Saturday, October 22
Group Service: Community FoodBank of New Jersey, 9 a.m. to 11 p.m. Students must report to 25 Journal Square to check in. Bus will depart in front of 70 Sip Avenue at 8 a.m. Register at http://groupprojectfoodbankofnj.eventbrite.com
NJ FAFSA Completion Day presented by Office of Student Financial Assistance, 10 a.m. to 12 noon, Library Building, 71 Sip Ave.

Sunday, October 23
Making Strides against Breast Cancer, Newport Plaza. Registration begins at 8 a.m.

Monday, October 24
Instant Decision Day - New Jersey Institute of Technology, 10 a.m. to 4 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Classes begin for Culinary Cycle V (Evening)
Makerspace Open Hours, 12 p.m. to 3 p.m., Library Building, 71 Sip Ave.
Relax and Unwind Fair, 12 p.m. to 2 p.m., 25 Journal Square, Student Lounge
Sundaes on Mondays, 12 p.m., North Hudson Center, Student Lounge
Job Search & Online Presence workshop, 3 p.m., 70 Sip Avenue, Third Floor

Honors: Getting in and Staying in, 3 p.m. to 4 p.m., North Hudson Campus, Student Lounge. RSVP at honors@hccc.edu

Veterans’ Fair Prep Workshops, 5:30 p.m. to 7:30 p.m., Culinary Conference Center, 161 Newkirk St. Pre-register at http://tinyurl.com/j95ck3f.

Tuesday, October 25
Culinary Café will be open for lunch at Culinary Conference Center. Lunch Buffet served from 12 p.m. to 1:30 p.m.
Therapy Dogs, 11 a.m. to 1 p.m., North Hudson Campus

Building up Your Interview Skills Workshop, 12 p.m., 70 Sip Ave., Third Floor
It’s On Us Coffeehouse and Open Mic, 4 p.m. to 6 p.m., 25 Journal Square, Student Lounge

Wednesday, October 26
Bagel Wednesday, 9 a.m., North Hudson Campus, Student Lounge. Start your morning off with some bagels and all of the fixings.
Veterans Resource & Job Fair, 11 a.m. to 2 p.m., Culinary Conference Center, 161 Newkirk St. Pre-register at http://tinyurl.com/jhejlr
Relax and Unwind Fest, 12 p.m. to 2 p.m., North Hudson Campus

Building up Your Interview Skills Workshop, 12 p.m., North Hudson Campus, Room 703A
All College Council General Meeting, 3 p.m., North Hudson Campus, 4800 Kennedy Blvd., Multipurpose Room

“Own Your Fitness” Workout/Motivation Session, 3 p.m. to 4 p.m., 25 Journal Square, Student Lounge

True Life: Love Is, 12 p.m., Culinary Conference Center, 161 Newkirk St. The statistics on dating abuse and sexual assault is staggering. Nearly 1.5 million high school students experience physical abuse in a year. 43% of dating college women have experiences violent and abusive dating behaviors, meanwhile 57% say it is difficult to identify when they are in an abusive relationship and 58% don’t know how to help someone who is experiencing it. Let’s discuss what love is, the different forms of abuse that one can experience, and how to help yourself or a loved one who is currently in an abusive relationship.
Resume & Cover Letter workshop, 3 p.m., 70 Sip Ave., Third Floor.

It’s on Us Matinee Movie: The Hunting Ground, 3:30 p.m. The 2016-2017 President is Melissa Hernandez, and Joseph Morrell is the Vice President.

Thursday, October 27
Trick or Transfer Fair, 11 a.m. to 1 p.m., Culinary Conference Center, 16 Newkirk St.

Professional Development Faculty Roundtable hosted by Humanities Division and English Department, 12 noon to 1 p.m., Culinary Conference Center, Follett Lounge

“The Giving Words Life” Writers’ Workshop sponsored by Honors Program and Sigma Kappa Delta Honor Society, 12 noon to 1 p.m., Library Building, Room 318

Honors Transfer Talk, 1 p.m. to 3 p.m., Culinary Conference Center, 161 Newkirk Street, Follett Lounge, Fifth Floor. RSVP at honors@hccc.edu.

HCCC Foundation, West Hudson Committee Taste of Hudson Fundraiser, 6 p.m., Culinary Conference Center, 161 Newkirk St. For more information please contact Joseph Sansone at (201) 360-4006 or jsansone@hccc.edu.

Friday, October 28
Subscription Dining Series, 11:30 a.m., Culinary Conference Center, 161 Newkirk Street

Saturday, October 29
Open House, 10 a.m. to 1 p.m., Library Building, 71 Sip Avenue. RSVP at www.hccc.edu/openhouse.

Monday, October 31
Campus Wide Trick or Treating, Journal Square and North Hudson Campuses

Last day to submit midterm advisory grades

Instant Decision Day - St. John’s University, 10 a.m. to 4 p.m., 70 Sip Avenue. Students must bring a completed application and an official (sealed) College transcript to the appointment. Students should visit the Advisement & Counseling page on the MyHudson portal to make an appointment. Please follow specific instructions provided for each institution. All reservations are on a first come, first served basis.

Fandom Wars, 11 a.m. to 1 p.m., North Hudson Campus, Student Lounge. Ever wonder what would happen if Dr. Who taught classes at Hogwarts? What if Jon Snow wanted to be a Pokémon master? Magical Girl Alice appears on the scene to defeat the Red Queen! Create your own cross-genre scenarios and share and debate them with your fellow fans. Halloween treats will be served.

Makerspace Open Hours, 12 p.m. to 3 p.m., Library Building, 71 Sip Ave.
Sundaes on Mondays, 12 p.m., North Hudson Center, Student Lounge
Resume & Cover Letter workshop, 3 p.m., 70 Sip Ave., Third Floor

The Criminal Justice Club held its first meeting on Wednesday, September 21 from 2:30 p.m. to 3:30 p.m. The 2016-2017 President is Melissa Hernandez, and Joseph Morrell is the Vice President.

The Human Services Club held a Meet and Greet on Thursday, September 29 from 12 p.m. to 1 p.m. in B-210. Meetings will be held third Thursday of the month from 12 p.m. to 1 p.m.
La-Trenda Ross  
Class of 2004, Human Services

What factors led you to decide to attend Hudson County Community College?  
I was laid off from Hero Group as a Merchandise Receiving Manager and woke up the next day and didn’t know what to do with my life. I remember getting dressed at that time and somehow found myself standing inside HCCC speaking to an angel named Syokwaa Mulumba who was the director of Student Support Services Program. Mrs. Mulumba had a caring spirit; she looked at me and told me straightforwardly that I was going to get registered and go to college. I looked Mrs. Mulumba and knew that everything was going to be fine.

What is your favorite memory of the College, in or out of the classroom?  
The experience of getting involved in everything that provided me with the ticket to a better future, not just in terms of money, but also in terms of a higher quality of life. The staff, professors, and community embraced me to learn and network.

How did you become interested in Human Services?  
I knew that I had a caring spirit and wanted to help people and tried getting employed with just my volunteer and community experience. I realized that wasn’t enough and decided to major in Human Services and offer myself the opportunity to finally accomplish something for myself.

How did your time at HCCC prepare you for your career/ life now?  
I wouldn’t be where I am today if it wasn’t for a substantial amount of various people along with HCCC. I spent my time becoming more knowledgeable in the field of human and social services including studying core subjects such as English, math and history, public speaking, and so forth. I began to become more self-confident, heighten employment opportunities, setting an example for my children, gain independence, met different people and made new friends, and increased my network.

What is a typical work day for you?  
My typical work day is managing a county-funded program through the Department of Family Services “Division of Welfare” providing in-home services to persons 60 years of age and older and adult disabled not receiving Medicaid funded assistance. Some services provided under this program are such things as house cleaning, laundry, meal preparation, etc. Clients must be assessed to determine eligibility. I also manage the Homeless Hotline, an emergency answering and referral for the homeless 24 hours a day, 365 days a year. Individuals and families in need must call the Homeless Hotline directly and be assisted with emergency assistance with health care, food, and temporary, transitional, or permanent housing. My moment of time carries on being engaged with several civic electoral citizenship activities including social activism.

What has been the most memorable project/case you have worked on?  
I recently worked on a project regarding the morality to petition for the Hoboken Housing Authority Director, Chairperson and Board of Commissioners to honor and dedicate a commemoration to my neighbor, family friend, and who passed away several months ago. The resident deserved the honor because of his self-sacrifice, dedication and protection of the residents at 300 Marshall Drive and surrounding community. The resolution passed and a commemoration will be named in his honor and mounted to the building of 300 Marshall Drive, Hoboken, NJ.

Who are your biggest inspirations that have impacted your work in some way?  
In my life there have been many people that have been a huge influence on me. My two daughters, grandchildren, my grandmother (Jessie Gertrude Harris), family and community members, Miss Elorna Watson, Syokwaa Mulumba, HCCC President Dr. Glen Gabert and his staff and each day doesn’t come to an end because there are many people inspiring me to continue to succeed in life.

What advice would you give to recent HCCC graduates?  
Continue learning, wake up and live your life to the fullest; be courageous and genuine which is to say never miss an opportunity. Don’t be around people who don’t have your best interest at heart, achieve goals and accomplished something each day. Focus on making a big impact immediately, sacrifice today to position yourself for tomorrow, take risks with your career / job, network, think like an entrepreneur and don’t settle and volunteer as much as you can.

What advice do you have for those students who are just starting their college careers?  
Don’t listen to people who don’t have any idea about the college process, find something that truly inspires you; realize that a successful college career requires hard work, dedication, and sacrifice about anyone who has earned a college degree can tell you, there will be moments when you don’t think you can do it, moments when you doubt your ability to succeed. This is normal, but don’t let the doubts themselves defeat you. Do not expect less work in your courses because you are busy. Turn off your cell phones while in class. Get organized, go to class, seek a balance, get involved on campus, make time for you, take responsibility for yourself and your actions, stay healthy/eat right and be prepared to feel overwhelmed.