



# THE DEI COLORING BOOK

& GROWTH WORKSHEETS

AGE 10+

Celebrating Diversity, Equity, and Inclusion  
Through Art and Color

WHAT  
DO YOU  
THINK?

This journey belongs to:



## **Notice Regarding the Usage of This Open Educational Resource (OER)**

This coloring book, dedicated to advancing the principles of Diversity, Equity, and Inclusion (DEI), is published and distributed as an Open Educational Resource (OER). Users are encouraged to engage with and share this content to promote a broader understanding and practice of DEI principles. Designed for a diverse audience, this book supports a wide range of educational purposes and aims to promote inclusivity and equitable access without legal or financial barriers.

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# Welcome to a DEI Journey of Color and Discovery!

Dear Reader,

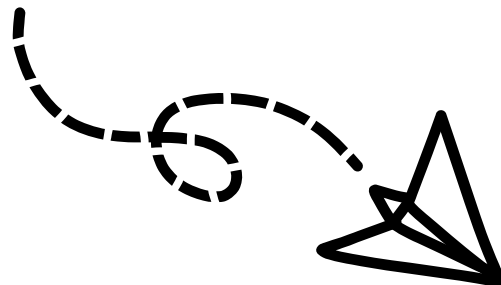
As you turn each page of this coloring book, you embark on more than just a creative journey—you join a vibrant exploration of diversity, equity, and inclusion. This book isn't just about sharing information; it's about weaving a tapestry of knowledge and understanding that grows richer with every color you choose.

Here, each coloring page and worksheet is a space for learning—a place where you can develop new skills, uncover new perspectives, and celebrate the diverse tapestry that makes us uniquely wonderful. As you fill these pages with color, you are also invited to build your own capacities for action, compassion, and respect towards others.

We share this knowledge not by giving or taking, but by fostering a genuine interest in helping one another grow. Each stroke of your crayon or pencil is a step towards creating not just art, but a deeper understanding of the world and the people who share it with you.

So, let's make this more than a coloring book. Let's make it a journey of change and empowerment. As you color outside the lines, remember that you're also stepping out into a world where your actions, big and small, can paint a brighter future for everyone.

Ready to create, learn, and grow? Let's begin this colorful adventure together!



Hi, my name is Juniper. I go by they/them pronouns. I'll be joining you on your DEI Journey. You're safe with me!



Want to know something about me?  
I LOVE to dress up in all types of clothes. I have so much fun accessorizing with different styles!

This is my amazing closet!



Now, let's turn the spotlight on you. Can you draw something unique about yourself that makes you happy? It could be a hobby you love, your favorite outfit, or even a symbol representing your heritage. Let your drawing show what makes you, uniquely you!



# Hi, I am \_\_\_\_\_

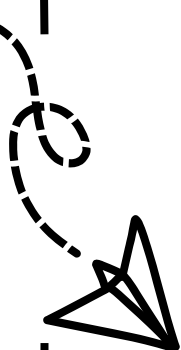
(a single word to describe who YOU are)




YOUR PREFERRED NAME: \_\_\_\_\_

YOUR PRONOUNS: \_\_\_\_\_

Color Outside the Lines: A World of Infinite Possibilities



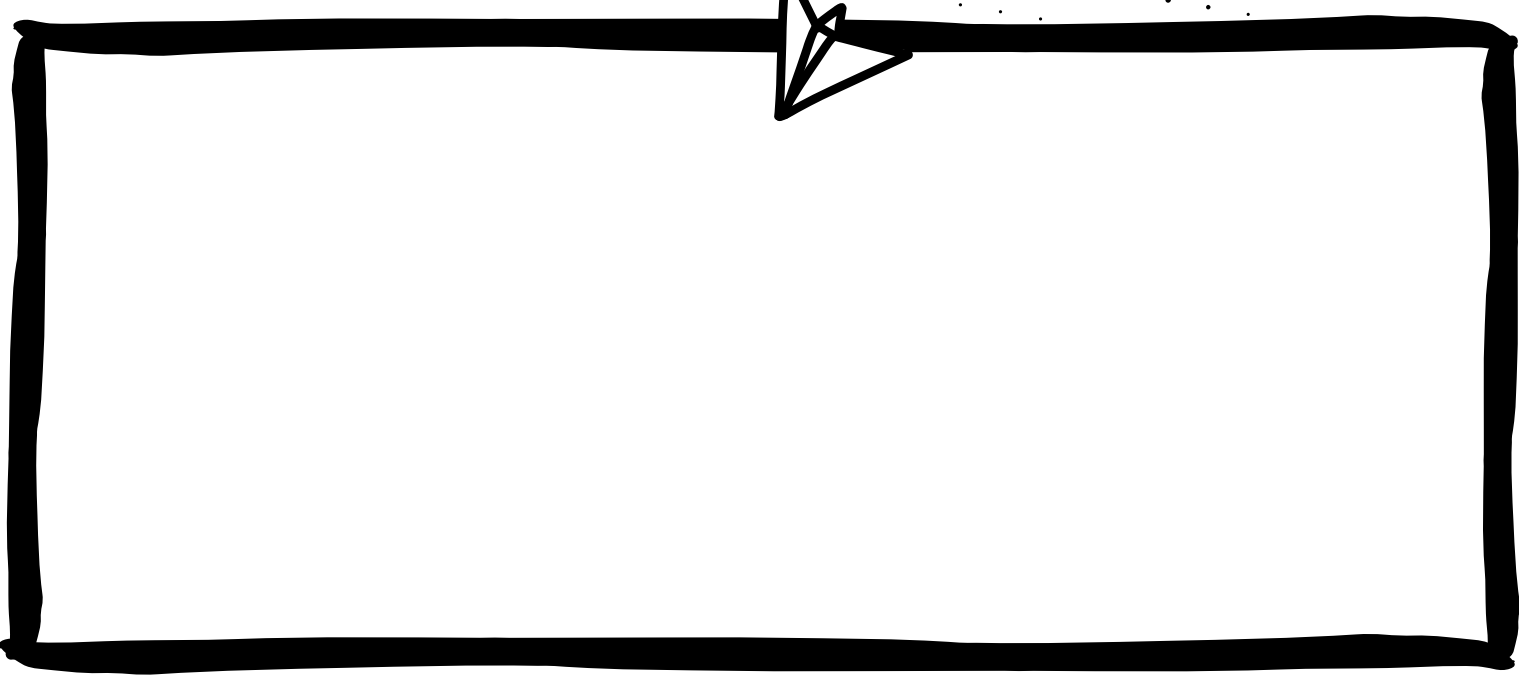
Thank you for opening up. Each page you color and each question you ponder can be a step towards deeper understanding and greater connection—both with yourself and the world around you.

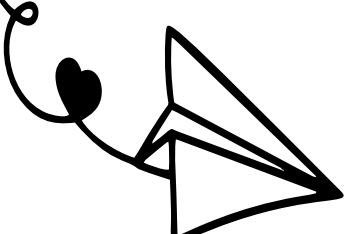


As we explore these pages together, I want you to think about how all the different things that make us unique can come together in beautiful ways. How do you think your unique traits could help create a more inclusive world?

Imagine your school or community as a giant coloring book that's not yet finished. Which colors or patterns would you add to show the world your unique style and ideas? Remember, every bit of your creativity helps fill in the bigger picture of our community.

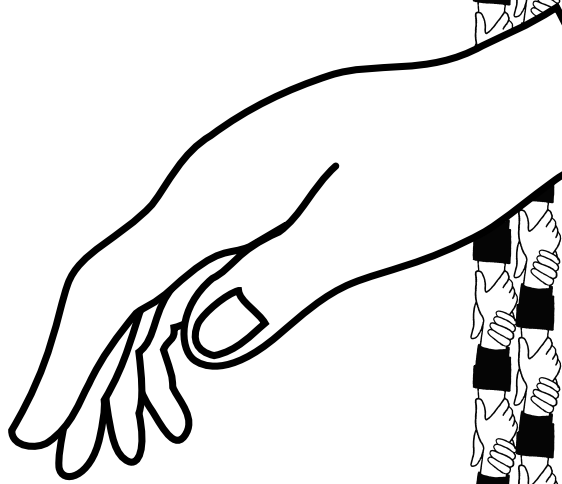
"Ready to start? Let's draw or write about one thing you can do this week to make someone feel included or appreciated. It could be as simple as sharing a smile or inviting someone new to join your game or to have lunch. What will your action be?"



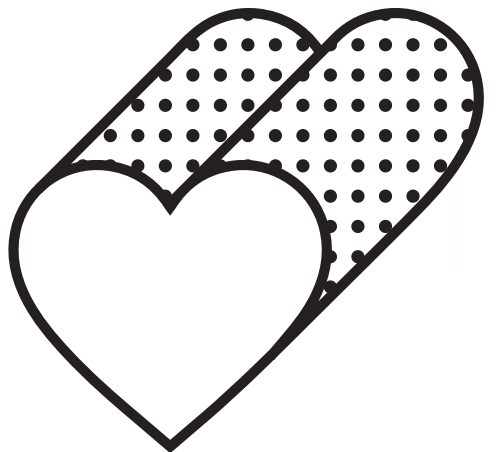
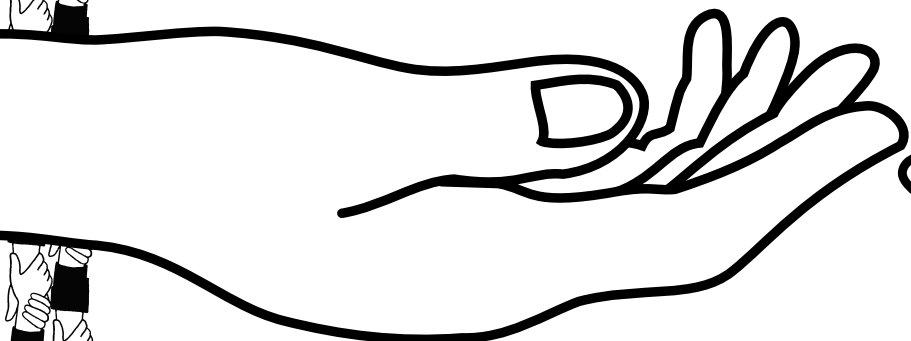


"Kindness is the language which the  
deaf can hear and  
the blind can see."

— Mark Twain

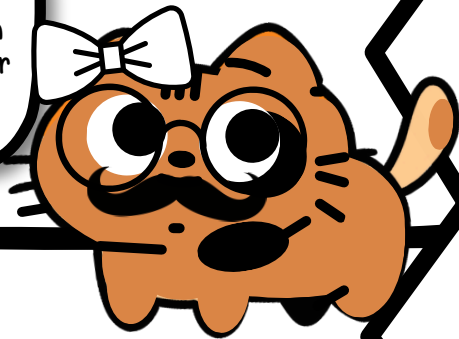


***MATTERS***



**K  
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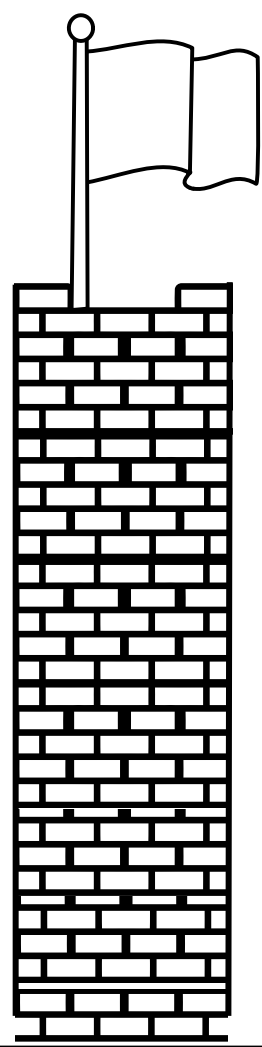
Now, let's take a moment to explore another important part of our journey. Sometimes, we all face moments that aren't so kind. Can you think of a time when someone was unkind to you or someone else? How did that make you feel?



Reflecting on these moments isn't easy, but it helps us understand how powerful our actions and words can be. Think about what happened and how it could have been handled differently. What could have been done to turn that unkind moment into a kind one

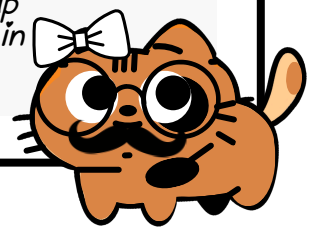
By remembering these times, we can learn to choose kindness more often. So, let's draw! In the first panel, draw the instance you recall of you or someone else being unkind. In the second panel, reimagine the scenario with a kinder response.

1



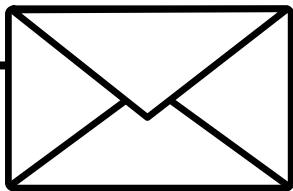
2

*Your thoughts and reflections are important steps towards building a more inclusive and caring world. What is one way you can help prevent unkindness in your school or community?*









You can keep your letter just for you, share it, or talk about it with me. It's a brave way to grow kinder and more understanding.



***YOU***  
***BELONG***  
**&**  
**MATTER**

You've been doing a great job thinking about kindness! Now, let's take it a step further with empathy. Empathy is like having a superpower where you can feel what someone else is feeling just by imagining being in their shoes. It helps us understand each other better.

Let's try something fun and helpful. Look at the picture below and think about what the character in the picture might be experiencing or feeling. Try to color the picture in a way that you think reflects their emotions and situation. It's a way to 'see' through their eyes!



*After you finish coloring, write or draw some symbols around the picture that show what this character might need from friends or others to feel better.*

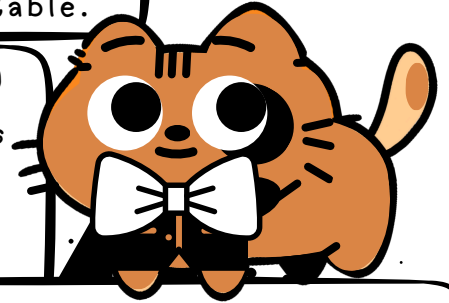
*This will help us think about how we can support people when and how they need it.*





Now, let's try a special activity that will help us think about what's really important to us. It starts with a simple prompt: 'I don't like it when\_\_\_\_.' Fill in the blank with something that bothers you or makes you feel uncomfortable.

This might seem like we're focusing on the negative, but recognizing what upsets us can actually help us understand what we value the most. For example, if you write 'I don't like it when people are left out,' it shows that inclusion is important to you.



Let's take some time to color and reflect. Use the bubbles to write down different things you don't like. As you think of each one, color in the space around thinking of the color that best matches the mood of that bubble.

I don't like it when...

I don't like it when...

I don't like it when...

I don't like it when...

I don't like it when...



After you've filled a few bubbles, step back and look at your bubbles. Do you see any patterns? What do the things you wrote tell you about what you stand for? These insights are the building blocks of your personal value system.

# My Core Value System

Now that we've thought about the things we don't like, can you think of what positive changes you'd want instead? Let's transform each 'I don't like it when' into a value that represents what you do want.

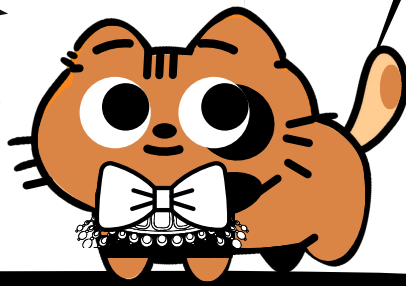
For example, if you wrote, 'I don't like it when people are excluded,' what value would make things better?" You might write 'Inclusivity' as a value that represents "I like it when people are included."

This is how you start creating a map of your values. It will help guide how you treat others and make decisions.



Remember, understanding our values helps us live them out more clearly and confidently every day. What value will you choose to act on this week?

# Reflections of



Now that you've discovered, rediscovered or realigned with your core values, let's capture this transformation in your self-portrait on the mirror page. Think of symbols that represent kindness and inclusivity emanating from within you. Perhaps draw a heart radiating from your chest to show kindness, or a tree with wide branches to symbolize inclusivity, representing your support and acceptance of diverse thoughts. You could also use colors like warm yellows and vibrant greens to convey openness and growth. Imagine a path leading from you into the horizon, illustrating your journey towards embracing these values. This isn't just a drawing of you; it's a reflection of your values and how they shape your view of the world and yourself.

# My Heart

**EXPRESS  
YOURSELF**

**DIFFERENT  
BUT THE SAME**

Reflections of My Heart: A Values Self-Portrait

**UNIQUELY  
ME**

**JUST  
ME**





# COLORING YOUR PATH: SELF-AWARENESS AS EXPLORATION

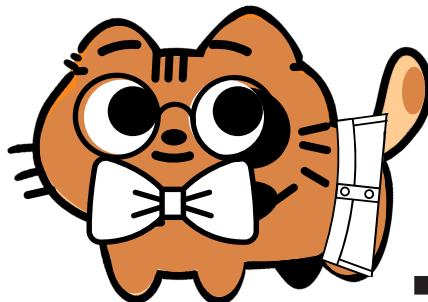
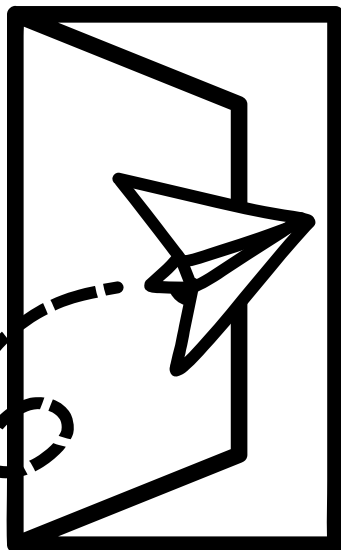
Getting to know yourself is a powerful first step in our DEI journey. By diving deep into who you are and what you value, you've unlocked a special ability. This ability allows you to truly appreciate and value the different perspectives and experiences everyone brings to the table.


Self-awareness isn't just about knowing your likes and dislikes—it's about understanding how your unique experiences shape the way you see the world. And by understanding this about yourself, you can start to see how others might have their own views and feelings that are just as valid.

This understanding is what helps us create a place where everyone can feel accepted and free to be themselves. It's like each of us is a unique color in a giant mosaic. Alone, we're interesting, but together, we create something beautiful and full of life.

I'm proud of the work you've done so far. You've started building a strong foundation of kindness, empathy, and now a personal value system. These are the tools that will help us as we move forward, not just to advocate for ourselves, but to advocate for others, making sure that everyone has a chance to thrive.

Are you ready to take these tools and learn how to use them to make a bigger impact? Let's explore how we can take action and stand up for diversity, equity, and inclusion. Together, we'll learn how to turn our understanding into meaningful change!





USE YOUR

VOICE

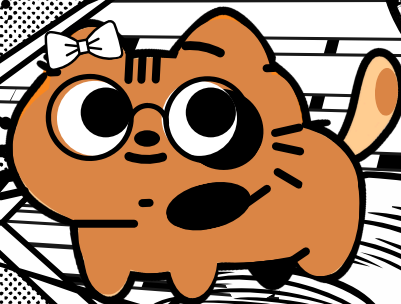
FOR CHANGE

Advocacy St.

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

— Margaret Mead

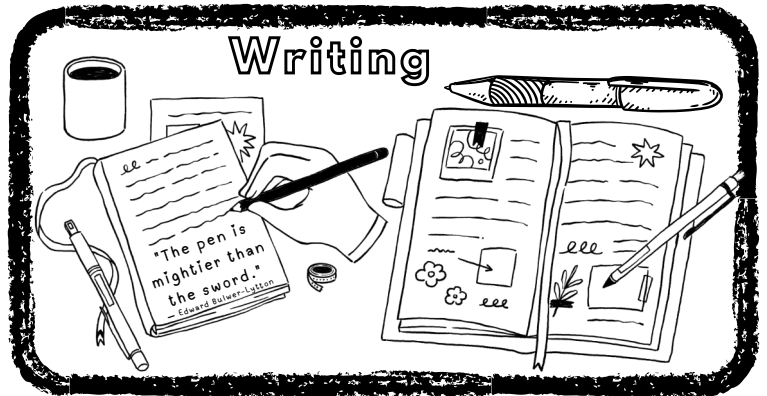
**STAND UP!**



# Discover Your Advocacy Superpower!

Artists, now, we're going to learn about a super important skill called advocacy. Advocacy is when you use your voice and actions to help make things better for everyone. It's about standing up for what's right, like making sure everyone is treated fairly and kindly. Advocates can speak out, write stories, organize groups, or support friends to create positive changes. And guess what? You can be an advocate too!

Add colors to these scenes! As you color, think about which of these advocacy actions you might like to try or already embody. Do you see yourself speaking, writing, organizing, or supporting?



Which advocacy action makes you feel excited? Draw a star next to it!



# Advocacy Style Quiz

**1. When you want to share an important message with others, you prefer to:**

- A. Give a speech or talk in front of a group.
- B. Write an article, blog post, or social media update.
- C. Plan an event or meeting to discuss the message.
- D. Provide one-on-one support or counsel to those affected.

**2. You feel most fulfilled when you:**

- A. Inspire others through your words during presentations or discussions.
- B. Create written content that moves people to think or act differently.
- C. See a project or event you organized running smoothly and effectively.
- D. Help someone directly and see the impact of your support on their life.

**3. In a group project, you naturally take on the role of:**

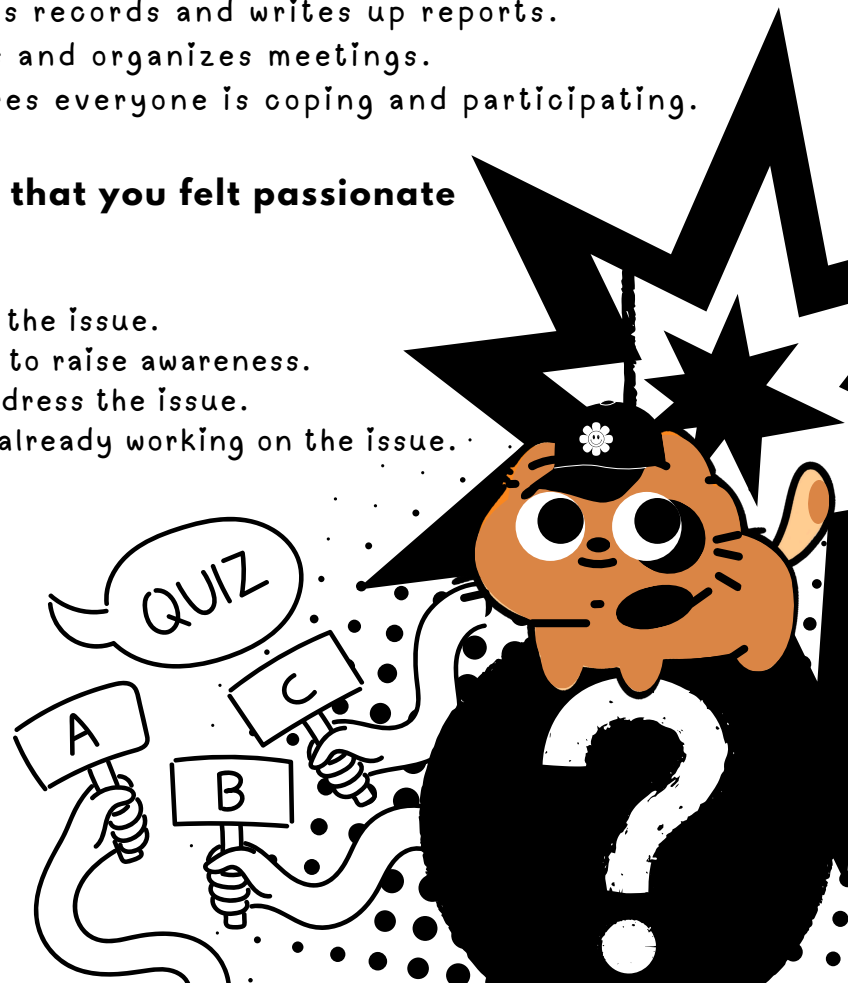
- A. The spokesperson, who communicates the group's ideas and progress.
- B. The writer or documenter, who keeps records and writes up reports.
- C. The coordinator, who manages tasks and organizes meetings.
- D. The mentor or supporter, who ensures everyone is coping and participating.

**4. If you noticed a community issue that you felt passionate about, you would:**

- A. Host a forum or workshop to talk about the issue.
- B. Write an op-ed or a letter to the editor to raise awareness.
- C. Organize a community action day to address the issue.
- D. Support existing groups or individuals already working on the issue.

**5. Which of these activities do you find most intimidating?**

- A. Public speaking.
- B. Writing a compelling and detailed article.
- C. Coordinating and leading a team.
- D. Being emotionally available and supportive to many individuals.





# "Your Journey Continues..."

Congratulations on completing the first part of your DEI adventure! I hope these activities and reflections have sparked your curiosity and inspired you to explore more about diversity, equity, and inclusion. The journey doesn't end here —there are many more pages, activities, and lessons to discover that can further enrich your understanding and empower your advocacy.

Want to continue your DEI Journey and unlock the full coloring book? I'd love to keep coloring this world with you! Please contact the author and let's keep making a difference together, one page at a time!

"Keep coloring, keep learning, keep growing!"

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