
ADVANCED KITCHEN '-' INTERNATIONAL

CAI 217**Advanced Kitchen - International****2.0 UNITS**

Students will become familiar with the characteristics of various national cuisines, as well as the global interaction of cooking techniques, equipment and ingredients affecting the modern professional kitchen. Students will prepare a variety of international soups, sauces, vegetables, starches and entrees from various regions around the world, as well as gaining an understanding of dietary guidelines and dining habits of numerous regions of the world.